









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY																																										
<h1>FEBRUARY 2018</h1>			1 9:30 ZUMBA "GOLD" 1:30 LINE DANCING	2 9:15 EXERCISE VIDEO 10:30 STRENGTH & STABILITY 11:30 BINGO 1:00 TAP DANCING																																										
5 9:15 EXERCISE VIDEO **10:00-12:00 VALENTINES REG. 10:30 STRENGTH & STABILITY 11:00 TARGET/WEGMANS TRIP	6 NO TAI CHI PER INSTRUCTOR 10:00 ZUMBA "GOLD" **10:00-12:00 VALENTINES REG. **10:00-12:00 BROWNSTONE REG. 10:00 & 1:00 CERAMICS CLASSES	7 10:30 CONVERSATIONAL ITALIAN 10:30 L.B. OLD GUARD MEETING 12:00 MEN'S CARD PLAYING 12:00 CROCHET 1:30 GROUP SINGING	8 9:30 ZUMBA "GOLD" 10:00 CERAMICS CLASS **10:00-12:00 BROWNSTONE REG. **11:00-12:00 RE-REG. 2018 1:30 LINE DANCING	9 9:15 EXERCISE VIDEO 10:30 STRENGTH & STABILITY 11:00 SHOP-RITE/K-MART TRIP 11:30 BINGO 1:00 TAP DANCING																																										
12 9:15 EXERCISE VIDEO  **10:00 SEWING 101 **10:00-12:00 BROWNSTONE REG. **10:00-12:00 CELEBRATE IN HARMONY REG. 10:30 STRENGTH & STABILITY 11:00 MONMOUTH MALL TRIP **12:00 LUNCH N' LEARN **1:00 SEWING FOR HOLIDAY BAZAAR **1:00 B.J.'S SENIOR DISCOUNTS	13 9:00 TAI CHI 10:00 ZUMBA "GOLD" **10:00-12:00 BLOOD PRESS. SCRIN. **10:00-12:00 CELEBRATE IN HARMONY REG. 10:00 & 1:00 CERAMICS CLASSES **11:30-12:30 RE-REG. 2018 **1:30 TECH SAVVY	14  **9:15 FREE YOGA DEMO **10:00-12:00 S.H.I.P. REP. 10:30 CONVERSATIONAL ITALIAN 10:30 L.B. OLD GUARD MEETING 12:00 MEN'S CARD PLAYING 12:00 CROCHET 1:30 GROUP SINGING	15 **12:00 VALENTINES DAY PARTY DOORS OPEN 11:30 REGULAR CENTER PROGRAMS CANCELED TODAY	16 9:15 EXERCISE VIDEO  **10:00 ADVANCED SEWING 10:30 STRENGTH & STABILITY 11:00 DELICIOUS ORCHARDS TRIP 11:30 BINGO 1:00 TAP DANCING																																										
19 CENTER CLOSED PRESIDENTS' DAY	20 9:00 TAI CHI 10:00 ZUMBA "GOLD" 10:00 & 1:00 CERAMICS CLASSES **11:00 CONSTITUENT OUTREACH  **1:30 ART STUDIO MEET & GREET WITH ART INSTRUCTOR	21  **9:15 FREE YOGA SCULPT DEMO **10:00 LEGAL SERVICES 10:30 CONVERSATIONAL ITALIAN 10:30 L.B. OLD GUARD MEETING 12:00 MEN'S CARD PLAYING 12:00 CROCHET NO GROUP SINGING PER INSTRUCTOR	22 9:30 ZUMBA "GOLD" 10:00 CERAMICS CLASS **10:00 NURSING STUDENTS VISIT **11:00-12:00 RE-REG. 2018 **12:00 LUNCH N' LEARN 1:30 LINE DANCING	23 9:15 EXERCISE VIDEO  **10:00 ADVANCED SEWING 10:30 STRENGTH & STABILITY 11:00 ALDI/WALGREENS TRIP **12:00 HEALTH & WELLNESS LUNCH NO BINGO TODAY 1:00 TAP DANCING																																										
26 9:15 EXERCISE VIDEO  **10:00 SEWING 101 **10:00-12:00 ST. PATTY'S REG. 10:30 STRENGTH & STABILITY 11:00 SHREWSBURY PLAZA TRIP **12:00 LUNCH N' LEARN **1:00 SEWING FOR HOLIDAY BAZAAR **1:30 MOVIE MATINEE	27 9:00 TAI CHI 10:00 ZUMBA "GOLD" **10:00-12:00 ST. PATTY'S REG. 10:00 & 1:00 CERAMICS CLASSES  **1:30 ART STUDIO	28 **12:00 CELEBRATE IN HARMONY DOORS OPEN 11:30 REGULAR CENTER PROGRAMS CANCELED TODAY	LONG BRANCH SENIOR CENTER 85 SECOND AVENUE LONG BRANCH, NJ 07740 732-571-6542 MONDAY-FRIDAY 8:30-4:30																																											
March 2018																																														
<table border="1"> <thead> <tr> <th>Sun</th> <th>Mon</th> <th>Tue</th> <th>Wed</th> <th>Thu</th> <th>Fri</th> <th>Sat</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> </tbody> </table>					Sun	Mon	Tue	Wed	Thu	Fri	Sat					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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